

# SOUTH FLORIDA CROSS COUNTRY-TRACK & FIELD MEN'S SCHOLARSHIP STANDARDS

This information will give you an idea of the quality of people we are looking for. This is a general guide and in no way the last word. We will consider an athlete who may have not met a standard if we think he has the potential to improve a great deal.

<b>Event</b>	<b>Consider for Athletic Aid</b>	<b>Marks Which Would Encourage a Person to Come Out</b>	<b>BIG EAST 8<sup>th</sup> Finish</b>
100m	10.50	10.62	10.71
200m	21.45	21.52	22.27
400m	47.45	47.85	50.35
800m	1:51.50	1:53.00	1:53
1500m	3:53	4:00	3:51
1600m	4:10	4:15	4:13 (Indoor)
3000m Run	8:30	8:50	8:22
3200m	9:10	9:20	
3K St.	9:13	9:30	9:18.80
5000m Track	14:30	14:55	14:27
100m 39" H	13.97	14.20	14.67 (42")
300m 36"	37.20	38.05	
400m 36"	53.50	55.0	53.92
High Jump	7'0"	6'8"	6'8.25"
Pole Vault	16'6"	15'6"	14'9"
Long Jump	24'5"	23'	23'
Triple Jump	50'10"	47'	47'
Shot Put 12 lb.	60'	57'	51'2.25" (16 lb.)
Hammer 12 lb.	200'	185'	169'4" (16 lb.)
Discus 1.6k	180'	175'	160'5" (2k)
Javelin	205'	195'	188'5"
Decathlon	6,800	6,400	6,324
5000m Run-CC	15:30	16:00	

We encourage anyone who wants to participate in Track & Field and who has a reasonable performance to come to the University of South Florida. We have had walk-ons that have improved during their freshman year or later to the point that they were placed on athletic aid.

