



KEN ERIKSEN
USF Head Coach

US National Team Assistant Coach,
2001 - present
2004 USA Olympic gold medal
2009 KFC World Cup Champions
2009 Canada Cup Champions

2010 ISF World Champions
USF Head Coach, 1997 - present
Region Coach of the Year, 1998
Conference USA Coach of the Year, 2003
BIG EAST Coaching Staff of the Year, 2008
611-333-1 Overall Record at USF



OBJECTIVE

The purpose of our camps is to give each player the best possible instruction and evaluation from our coaching staff.

FACILITIES

Camps are located at Eddie C. Moore Complex, Fields 1-4, in the City of Clearwater.

ADDITIONAL INSTRUCTION

Drugs/alcohol awareness, academics, and recruiting procedures will also be discussed. When available, qualified guest speakers will also make appearances.

MEDICAL SERVICES

A certified athletic trainer from our athletic training staff will be present during all of our camps.

ENROLLMENT

Camps fill up fast! We keep an 8:1 camper to coach ratio. If a camp has filled up, you will be placed on a waiting list and notified if there is an opening due to a cancellation.

PITCHING Dec. 18-19 9 a.m. - Noon	CATCHING Dec. 18-19 9 a.m. - Noon	HITTING Dec. 18 1 p.m. - 4 p.m.
INFIELD Dec. 19 9 a.m. - Noon	OUTFIELD Dec. 18 9 a.m. - Noon	STRENGTH AND CONDITIONING Dec. 19 1 p.m. - 4 p.m.
All camps held at Eddie C. Moore Complex, Clearwater, Fla.		

www.GoUSFBulls.com

REGISTRATION INFORMATION

Camper _____
 Age _____ Grade _____
 Primary Position _____ Secondary Position _____
 Address _____
 City _____ State _____ Zip _____
 E-Mail _____
 Home Phone _____ Cell _____
 Parent's Names _____
 Business Phone _____
 Emergency Phone _____

PITCHING CLINIC

Dec. 18-19 | 9 a.m. - Noon | \$150

INFIELD CLINIC

Dec. 19 | 9 a.m. - Noon | \$75

CATCHING CLINIC

Dec. 18-19 | 9 a.m. - Noon | \$150

OUTFIELD CLINIC

Dec. 18 | 9 a.m. - Noon | \$75

HITTING CLINIC

Dec. 18 | 1 p.m. - 4 p.m. | \$75

STRENGTH & CONDITIONING CLINIC

Dec. 19 | 1 p.m. - 4 p.m. | \$60

Make check payable to South Florida Fastpitch Camps, Inc.

Mail registration and check to:
South Florida Fastpitch Camps, Inc. | University of South Florida
4202 E. Fowler Ave., ATH 100 | Tampa, FL. 33620

MEDICAL RELEASE

I understand that there are risks involved with my child's participation in the USF Winter Clinics. Therefore, I consent for my child to receive any emergency medical treatment deemed necessary by the Sports Medicine Staff at the camp/clinic and agree that the Sports Medicine Staff may determine my child's participation at any time and for any reason. I waive and release the USF Winter Clinics at Eddie C. Moore Complex, the University of South Florida, the Board of Governors, the State of Florida, the USF Foundation (or any other entity designated by Florida law to manage, operate and/or oversee the University of South Florida or the Board of Trustees), and their heirs, assigns or successors in interest of any and each of them from any and all liability which may result or arise from either my child's athletics participation or any medical treatment my child may receive. If any portion of this release is held to be illegal, unenforceable, or in conflict with any laws of the State of Florida by any Court of competent jurisdiction, the remaining portions of this release shall not be affected.

Parent Signature _____
 Emergency Contact _____
 Emergency Phone # _____

The South Florida Fastpitch Camps Inc. is neither owned, administered, nor sponsored by the University of South Florida. Ken Eriksen owns and operates this camp/clinic as an independent operation outside the scope of his employment with the University. Any and all questions and concerns should be directed to the respective Coach or owner of the camp/clinic or his designee.

Elite College & National Level Coaches

Lonnie Alameda
Florida State



Stacey Heintz
USF

Russell Cooper
National Clinician



Carmela Liwag
USF

Howard Dobson
Southern Miss



Beth McClendon
FIU

Mark Doran
National Clinician



Lisa Navas
NC State

Leigh Ann Genetti
NC State



Mike Larabee
Arkansas

Chris Heintz
USF



Killian Roessner
National Clinician



Mo Triner
USF



SOUTH FLORIDA FASTPITCH CAMPS INC. PRESENTS THE 2010 WINTER CLINICS



We have aligned a top level coaching staff for this years clinic. It may be our best ever!!! We work hard to maintain our reputation as one of the best clinics around. The 2010 Winter Clinics will include Pitching, Catching, Hitting, Infield, Outfield and Strength & Conditioning. Each clinic is run individually. We are very proud of the top quality instruction given at our clinics year after year by top college coaches, National Team coaches, National Team players and many elite college athletes. Our clinicians will teach the skills necessary to help you become a better fastpitch player.



PITCHING CLINIC

DEC. 18 & 19, 9 a.m.-Noon
COST: \$ 150

This is a 2 day clinic. Some of the top pitching coaches in the nation will demonstrate and teach a safe and effective motion, different pitches, as well as provide insight into the mental aspect that is necessary to be a successful pitcher in softball today.

CATCHING CLINIC

DEC. 18 & 19, 9 a.m.-Noon
COST: \$ 150

This 2 day clinic is known as one of the best held throughout the nation. Come out and learn the mechanics necessary to become a great catcher taught by some of the best in the game. This clinic's reputation speaks for itself.

HITTING CLINIC

DEC. 18, 1 p.m.-4 p.m.
COST: \$ 75

Led by some of the best hitters and coaches in the country, the focus of the hitting clinic will be to cover the main physical techniques used by the top hitters in fastpitch today. Come out and learn the skills and drills it takes to become a top hitter.



INFIELD CLINIC

DEC. 19, 9 a.m.-Noon
COST: \$ 75

This clinic will be run by some of the top infielders and coaches in the country. They will cover the basic fundamentals of infield including throwing, basic ground ball techniques and position play.

OUTFIELD CLINIC

DEC. 18, 9 a.m.-Noon
COST: \$ 75

This clinic will be run by some of the top outfielders and coaches in the country. They will cover the basic fundamentals of outfield play, including throwing, footwork, fielding and diving.

STRENGTH & CONDITIONING CLINIC

DEC. 19, 1 p.m.-4 p.m.
COST: \$ 60

Train like the top collegiate and Olympic team players. Learn drills to increase speed and agility. The focus will be on running form, first step quickness and agility training. There is no autograph session after this clinic.



IMPORTANT: NON REFUNDABLE DEPOSIT DUE DEC. 3. There is limited space in ALL clinics. **THE AGE MINIMUM IS 12 FOR ALL PARTICIPANTS.** Athletes will be signed up when the non-refundable deposit is received. You will then receive confirmation, directions and information by mail. Full balance is due Dec. 10 and NO REFUNDS after Dec. 10.